

SIGNE AND ANE GYLLENBERG FOUNDATION sr

GUIDELINES FOR MEDICAL RESEARCH GRANTS

The purpose of the Signe and Ane Gyllenberg Foundation as set out in its Foundation Charter and the Statutes approved by the Finnish Patent and Registration Office is to support medical and related scientific research, especially related to how physical and human physiological functions are affected by spiritual and psychological factors.

Grants are also awarded for research in the field of blood diseases.

1. The Foundation adheres to the following principles in fulfilling its purpose:
Grants are awarded for medical and related research and activities which fall within the scope of psychosomatics or psychosomatic medicine. This shall be interpreted in particular to mean the following:

A. research which seeks to shed light on

- (1) The impact which psychological factors can have on human organs and functions
- (2) The mechanism by which this impact is conveyed
- (3) Psychological factors as triggers or contributing factors to physical diseases
- (4) Treatment/therapy intended to highlight and reduce the negative impact of psychological factors on the body

and

B. research directed towards

- (1) Expanding our understanding of the human spiritual, psychological and physical constitution, the sense of self, the impact of moral values on human health and the continuous interaction of these factors, in addition to in-depth studies grounded in a holistic view of the human
- (2) The therapeutic implications of the above, including medical ethics, palliative care and the impact of artistic experiences on physical health
- (3) The humanistic basis and dimensions of medicine
- (4) The holistic view of the connection between health and natural cultivation methods as defined within biodynamic agriculture.

2. Grants can be awarded for medical research in the field of blood diseases. The term blood diseases means both malignant and benign diseases of the blood together with the medical causes, mechanisms, treatments and consequences of such diseases.
3. Grants can be awarded for the fields mentioned in paragraphs 1. and 2. above within the following categories:
 - a) Grants for doctoral students
 - b) Grants for research groups and established senior researchers
 - c) Grants for research-related travel and visits abroad (for example postdoctoral or other research-related visits including presentations at scientific conventions and meetings)
 - d) Grants for the publication of medical and related scientific literature
 - e) Grants for prizes to recognise successful researchers

- f) Research grants for universities and other institutions
 - g) Grants for professional development and projects within the anthroposophical framework. Grants can be awarded for training in therapeutic care practices within the tradition developed by Rudolf Steiner
 - h) Other grants for work in the research fields described in 1 and 2 above.
4. The members of the Medical Committee must ensure that applications fulfil the following conditions:
 - a) The research plan aligns with the purpose of the Foundation
 - b) The project has scientific value
 - c) The applicant has a suitable educational background and the prerequisites to carry out the project. The scope of the research plan is proportional to the research budget.
 5. The Foundation encourages grant applications from established researchers who are prepared to pursue completely new paths; the fact that they might not lead to the intended outcome should not in itself be an obstacle as long as the applicant's intentions are honest.
 6. Applications for grants can be submitted annually between 24.12 and 31.1. Grants can be awarded for up to 2 years of research work. The committee may also, if the budget allows it, examine applications and recommend that the Board awards grants outside the normal application dates.
 7. The Foundation's Board determines the amount to be distributed at its autumn budget meeting. Final grant distributions are approved by the Foundation Board based on a proposal from the Medical Committee.
 8. The awarding of grants is subject to the following conditions:
 - a) Applicants for research awards must have a medical or other scientific education which qualifies them to undertake the research or activity. When the Committee assesses the applicant's competence, the decisive factors are that they have a solid educational background, their intentions are genuine, and they are sufficiently qualified for scientific work.
 - b) Applications for grants for doctoral students and undergraduates must include 1. A statement of the supervisor 2. The registration of the doctoral project with an academic institution and 3. A progress report on the project and an estimate of the timeframe for completion of the doctoral education or project. Doctoral student grants are awarded for a maximum of four years.
 - c) Applications for grants for research-related travel and visits outside Finland must be accompanied by written documentation from the party receiving the applicant. For post-doctoral and equivalent visits, for example, a statement from the receiving institution should be attached. For research-related presentations abroad, documentation must be provided showing that the presentation (abstract or lecture) was approved before the grant is paid out.
 - d) In the case where the research topic requires it, the project must be carried out at an institution or research centre that has the infrastructure necessary to undertake the project (for example research facilities and environments, equipment and other infrastructure).

- e) A research grant can only be awarded with the approval of an ethics committee and a research permit from the institution where the research is carried out (this applies both to research involving animal experiments and research on humans).
- f) Grants for research groups and established researchers require a single application which covers the entire project (including its budget). The application must name the individual members of the research group and list their specific individual support requirements. However, in the case of grants for doctoral education, each doctoral student should apply separately for support within the category of doctoral student grants.
- g) The application shall contain a project budget which shows personal grants awarded, costs for the employment of auxiliary staff, equipment and material, laboratory and other costs.
- h) The Medical Committee determines an upper limit for the proportion of overhead costs in relation to the research grants awarded each year.
- i) A condition for grants for professional training and projects which fall within the anthroposophical framework is that the applicant has a basic education in anthroposophy or training in care and welfare. The applicant shall be professionally active in the field where the professional training or project lies. The professional training or project must be clearly linked to the anthroposophical view of the human being.
- j) Where a personal grant exceeds the time (months per year) defined by the authorities, the recipient of the grant will themselves be responsible for taking care of the pension contribution related to the receipt of a grant. A personal grant must be reported to the tax authorities by the recipient.
- k) A grant report shall be submitted within two (2) years from the date of the award of the grant. The research period can, if necessary, be extended by one (1) year, in which case the payment and reporting of the grant can also be delayed. If the grant has not been used for the purposes stated in the application, it may be recovered by the Foundation. Further grants cannot be awarded unless the report for the previous grant has been submitted.
- l) By signing the application form, a grant applicant gives their consent to their and their project's name being published by the Foundation.
- m) Conflicts of interest and grants to close associates are evaluated in accordance with the provisions of the Finnish Foundations Act, the publication Good Governance in Foundations (published by the Association of Finnish Foundations), and the Foundation's own Rules of Procedure.

Approved by the board of Signe and Ane Gyllenberg Foundation 13.5.2025. Replaces the Guidelines dated 13.3.1954, including amendments 27.4.1960, 13.5.1965 and 18.5.1971